



Join us for Village Lutheran Church
and The Chapel School's Vacation Bible School
(A Summer Bible Camp Experience)

July 11th through July 16th

Schedule:

Sunday July 11th

12 noon until 3 p.m.

BBQ, crafts and activities for the whole family

Monday, July 12th through Thursday, July 15th

6 p.m. until 8 p.m.

For children entering kindergarten through those entering 6th grade

Friday July 16th

Pajama and Movie Night from 6 p.m. to 8 p.m.

Pizza and Popcorn for the whole family.

Cost:

Each family is asked for a \$25 contribution
for each child attending VBS, which includes a contribution for Friday refreshments

Location:

172 White Plains Rd. Bronxville, NY
(Across from Concordia College on SR 22)

Contact Deacon Ann Terenzio at (914)337-0207 ext. 1112 or
ATERENZIO@thechapelschool.org with any questions. Registration for children and
volunteers at www.VLC-NY.ORG or www.THECHAPELSCHOOL.ORG.

Now on Facebook at 'VLC and The Chapel School's VBS'



**NEW FALL INITIATIVE: *PERFORMING UNDER PRESSURE* . . .
*A PROGRAM FOR BOYS AGES 9 TO 13****

We all remember times growing up when our emotions seemed bigger than life and we felt powerless to name them, much less to know how to express them appropriately. More often than not, anger is the hardest emotion to get a handle on. If a child does not learn how to appropriately express anger while he is young, he can develop habits that are destructive and hard to break.

While studies have shown no difference in the actual experience of anger by girls and boys, they do show gender differences in the ways that anger is typically expressed. The study, *Gender Differences in School Anger* by Peter Boman (School of Education, James Cook University) cites past studies that clearly show that boys are more likely to express anger using physical force. Past studies also show that a lower level of adjustment to school increases incidences of more destructive expressions of anger in boys but not in girls.

The Journal of the American Medical Association reports that the suicide rates of teenage girls in 2004 was 2.2 per 100,000, but for boys, the suicide rate was a whopping 7.1 per 100,000. These high rates have continued in the last few years. Although there may be many reasons for this high rate, it is believed that an inability to deal with anger and frustration in more positive ways is at least a contributing factor.

Thanks to a generous grant from Long Island Lutheran Middle & High School Lutheran Crusader Fund* for 2010, LCC now has a new initiative to help boys who may need help in dealing with anger. *Performing Under Pressure* will help boys through a combination of grant-supported group sessions and parent education groups which will meet at the same time for six sessions beginning in October, 2010 in Mineola, NY. Financially subsidized individual sessions will also be available for boys needing more help. The goal is to teach boys how to develop coping strategies and still feel good about themselves when experiencing frustration and anger.

The Nassau County support group for boys, ages 9 through 13, will address coping with social pressures, such as 'fitting in', dealing with bullies, competition, how to win or lose with grace, dealing with peer pressure, and incorporating moral values. The group setting will serve to help the boys to bond and give them inner confidence in knowing that they are not alone in struggling with these emotions while helping them discover their inner capabilities to be in control of their own feelings. They will be encouraged to share their experiences and coping strategies. The facilitator of the group, Dr. David Doring, will use role play, personal interaction and sports analogies to help the boys come up with new, more positive strategies for dealing with potentially negative emotions.

Dr. Doring, LCC Staff Psychotherapist, is a NY State licensed psychologist and a Certified Nonviolent Crisis Intervention Instructor as well as a School Psychologist. He is experienced in performing school assessments and has counseled extensively with children, adolescents and their parents.

Support group sessions and parent groups will meet at our main site in Mineola, NY beginning in October, 2010. For more information about this program or the grant-supported individual sessions for boys available at any LCC site, contact Lutheran Counseling Center (see information below).

**Provided by an anonymous donor in 1998, a generous \$1 million contribution enabled LuHi, located in Brookville, Long Island, to establish the LUTHERAN CRUSADER FUND (LCF). The focus of the LCF is the creation and enhancement of innovative programs that benefit Christian institutions and support people and organizations in times of significant crisis or need. To date, over \$1.3 million has been awarded to 300 deserving organizations through the LCF.*

If you or someone you know is in need of counseling support for this or any other mental health issue, please call the Lutheran Counseling Center at 516-741-0994 or 1-800-317-1173 or e-mail us at Center@lccny.org. LCC has six counseling sites over the New York metropolitan and surrounding area. Visit our website at www.lccny.org.